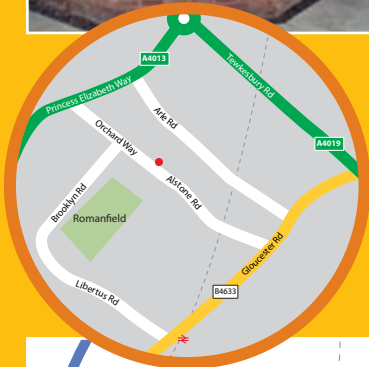


Alstone House, 145a Alstone Lane,  
Cheltenham, Gloucestershire  
GL51 8HX



If you would like more information  
please contact the Local Lifeways Office

Tel: 01453 766441

## Alstone House

Located in the Cotswolds  
in a bustling residential area,  
within a very short distance  
from the centre of the  
vibrant town of Cheltenham  
Spa is **Alstone House**,  
a spacious 5 bedroom  
converted bungalow.

### AT A GLANCE

**Resident Profile:** Adults with  
an acquired brain injury

**Number of Residents:** 5



**Lifeways**  
enabling better ways for living

### Local Office:

Prospect House, Suite 3, Bath Road Trading  
Estate, Stroud, Gloucestershire GL5 3QF

# Alstone House

Located in the Cotswolds in a bustling residential area, within a very short distance from the centre of the vibrant town of Cheltenham Spa is Alstone House, a spacious 5 bedroom converted bungalow.

Alstone House offers the unique opportunity for people with an acquired brain injury to live in an environment designed and adapted to meet their specific needs. Through skilled support and interventions we aim to support each resident to minimise the impact of their acquired brain injury and to significantly enhance their quality of life.

Within a safe and homely environment, Alstone House offers individual en-suite accommodation along with extensive shared communal facilities. Each bedroom is

personalised to accommodate needs and interests prior to residency. The property also has two sunny conservatories overlooking an attractive enclosed rear garden which has a sheltered patio area.

For all residents, a person centred plan is developed to ensure that their individual needs and aspirations are met, enabling them to get the most out of living at Alstone House. Greater independence is encouraged, with the opportunity to develop independent living skills and a place within the local and wider community.










There is a lot on offer at Alstone House and activities are arranged to reflect personal choice and aspiration.

## QUICK REFERENCE GUIDE

**Resident Profile:** Adults with an acquired brain injury

**Number of Residents:** 5

**Facilities:**

-  5 ground floor bedrooms all with either en-suite bath or shower rooms
-  Sitting room
-  Dining room
-  Additional communal bathroom
-  Two conservatory sitting rooms /activity rooms
-  Full Internet access
-  Disabled toilet
-  Secure garden
-  Ample parking

**Professional Input:** Full Community Team involvement

**Activities:** Activities are arranged to reflect personal choice and aspiration

**Disabled Access:** Fully accessible for residents with mobility problems

**Location:** 1 mile from Cheltenham town centre, 2.5 miles from Junction 11 of M5



**Lifeways**  
enabling better ways for living

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