

Residential services

Specialist care homes for people with learning disabilities and other complex needs



The people we support are at the centre of everything we do

Lifeways is one of the UK's leading providers of support services for people with diverse and complex needs in community settings.

Our specialist residential care homes around the UK offer high quality care to people with intensive care and support needs in a warm, welcoming and stimulating environment.

Care and support is tailored to meet each person's individual needs, goals and aspirations – 24 hours a day, 7 days a week. Caring for and supporting people with a range of needs including: profound and multiple learning disabilities, autism, sensory and communication impairments, acquired brain injuries, complex behavioural and health needs, and mental health needs.



Supporting every person to live a rich and fulfilling life as independently as possible within their local and wider community

Using person-centred approaches we listen to, and work with, each person and their network of support to help them plan their support. By putting in place detailed support plans, risk assessments, and by working in partnership with families, carers and

health and social care professionals, we help meet the physical, mental, emotional and spiritual needs of every person we support. Our structured and enabling programmes are developed to encourage and develop independent living skills and community engagement and inclusion.

We do everything we can to help each person make our houses their home.

Meeting every person's individual care and support needs



Our specialist residential care homes are for people who will benefit from 24/7 specialist care and support. Located in the heart of a community, all are close to local amenities with excellent transport links.

Each home is adapted to meet each person's individual care and support needs, including the use of assistive technology, where appropriate, to assist with developing independent living skills and to help keep each person safe.

All residents have their own bedroom with en-suite wet room/bathroom facilities designed to meet specific personal care needs, with access to communal facilities including living spaces and kitchen areas. Our homes provide a fun and thriving environment where residents can make friends and pursue their interests and hobbies.

With a commitment to innovation and excellence, building every service around each individual

Personalised support is provided by a support team who are experienced in working with individuals with high complex care needs. We match staff to the needs and preferences of the people we support – recruiting and selecting team members with the relevant experience and specialist knowledge and expertise. Staff training is tailored to meet the individual needs of each person being supported and is provided by in-house specialists, local authority professionals and accredited external partners.

Our aim is to help individuals move towards greater independence

Each person is supported to develop their daily living skills including support with positive risk management; help with personal care – getting up and going to bed, washing and dressing, managing medication – and preparing meals; and assistance when out and about in the community. Many people living in one of our residential services will move onto supported living in the future.

We support every resident to take an active role in their community

Whether it's meeting friends and family, enjoying a hobby, outings to the cinema or volunteering, we create an environment where people can access the opportunities, activities and facilities available to everyone in the community – enabling them to play an active role in their community.

All our homes comply with the regulatory requirements of the care commissions for England, Scotland and Wales.





Sensory Garden Delight



“Last year, we decided to have a go at creating a sensory garden – and the result is amazing,” says Roger, Team Leader at Lifeways.

“It’s a magical spot for a bit of quiet relaxation, complete with a mini waterfall and decorations that shimmer in the sunshine.”

At every possible opportunity, residents Paul and Julian are in their garden. The fully wheelchair accessible garden at our four bedroom house is a special place.

Developing daily living skills such as cooking are a high priority and to encourage healthy eating, Roger recently created a vegetable patch in the garden. The support team and residents are now eagerly watching the progress of crops of potatoes, beans and broccoli. They’re hoping for plenty of fresh, home grown produce to use in the meals they prepare together.

“We encourage residents to be independent, develop daily living skills and become active members of the local and wider community,” adds Roger.



A range of options

We work with individuals to find the best home for them.



We work in partnership with local authority, health and social care organisations and accredited professionals to ensure that the people we support have access to a full range of health services, independent advocacy services, benefits advice and entitlements, employment and Lifelong Learning opportunities, and the full range of community facilities which are available to every citizen.

Whether they're moving away from the family home for the first time, from a hospital setting, or elsewhere, our aim is to make the transition to living within one of our homes as easy and as stress free as possible.

Our homes give people with similar needs the opportunity to live together, and benefit from 24-hour support from our dedicated members of staff. Some have city centre locations, others are in the countryside or close to the sea. Specialist equipment and facilities include hydrotherapy and sensory rooms, fully accessible en-suite wet rooms and ceiling track hoists.

We ensure that we do a good job of listening to what each person really wants and the life they would like to live, helping them put this into practice. Service reviews are carried out on a regular basis in partnership with family members and local authority professionals.

Our flexibility provides excellent outcomes and clear value for money

Funding for our services is through a variety of means including local authority and health funding.

**Each person we support
can expect to feel:**

 **Heard**

 **Valued**

 **Respected**

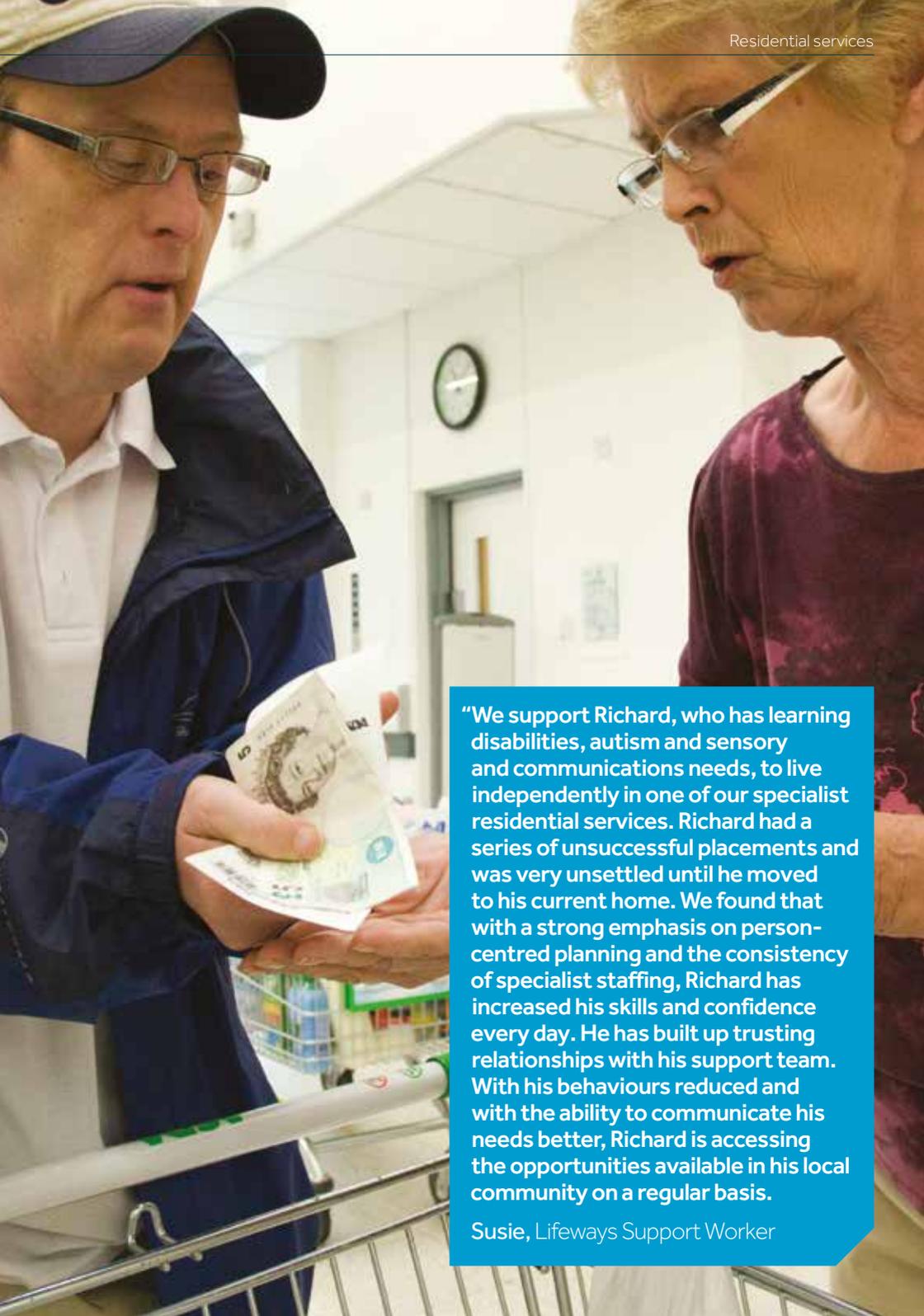
 **In control**

 **Independent**

 **Included**

Every person we support can be confident that we will:

- Take time to understand what they want or need and to identify the best ways to help them achieve their goals and aspirations
- Provide them with the flexibility to adapt to their needs and requirements as they develop
- Enhance their life skills – supporting them to develop their independent living skills and build and maintain their family and social network
- Enable them to play an active role in the community
- Promote and respect their dignity, privacy, independence and choices



“We support Richard, who has learning disabilities, autism and sensory and communications needs, to live independently in one of our specialist residential services. Richard had a series of unsuccessful placements and was very unsettled until he moved to his current home. We found that with a strong emphasis on person-centred planning and the consistency of specialist staffing, Richard has increased his skills and confidence every day. He has built up trusting relationships with his support team. With his behaviours reduced and with the ability to communicate his needs better, Richard is accessing the opportunities available in his local community on a regular basis.

Susie, Lifeways Support Worker

Contact us



To hear more

Please get in touch to find out how Lifeways can help you.

To make a referral

If you're a family member, health professional or social worker, contact us to talk through how we can help.

 Call: 0333 202 7185

 Email: referrals@lifeways.co.uk

 Visit: www.lifeways.co.uk



"It's very nice here thanks. Everyone's so friendly. There's helpful staff, and residents help with doing things. The garden is nice. I enjoy being outside working on the vegetable patch. I planted some carrots which are almost ready to eat. Once in a while I go into town and I sing at a local church most Sundays."

Martin, who has an acquired brain injury and lives in a residential service in Cheltenham



Please visit our website at www.lifeways.co.uk to find contact details for your nearest Lifeways Area Office.

T: 0333 202 7185

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